

Management of Pulmonary Hydatid Cyst With Pleural Complications: A Case Series

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Abstract

Introduction: The aim of this observational, retrospective study was to review and describe clinical presentations and management of patients with pulmonary hydatid cysts (PHC) and pleural complications.

Methods: Complete case records from the previous 2 years were reviewed, including operative steps and follow-up of patients with PHC and pleural complications. Only four cases that presented with pleural complications were found out of 14 cases of surgically managed PHC.

Results: The most common symptoms in all patients were chest pain and fever. In all cases, the lower lobes of the lung were involved. Lung resection surgery was not required in any case. There was no postoperative respiratory failure or immediate or late mortality in any of these patients. The mean follow-up was 10 months for all these cases, with no pulmonary recurrence or complications.

Conclusion: Pulmonary parenchymal sparing surgical interventions are deemed to be the safest curative treatment for complicated PHC. Spontaneous pyopneumothorax can also be caused by complicated PHC.

INTRODUCTION

Hydatid cyst formation is a silent zoonotic disease caused by infection with *Echinococcus granulosus* metacestodes. Humans act as accidental intermediate hosts and the most

common cyst sites are the liver and lung, but they may also be located in other organs, such as the brain, heart, and spleen. Because of slow cyst growth, pulmonary hydatidosis is often asymptomatic. Pulmonary hydatid cyst (PHC) often becomes symptomatic after cyst rupture in the pleural cavity or bronchus. In these cases,

PHC may be misdiagnosed with other diseases and therefore patients may receive inappropriate treatment.¹ Surgical methods for dealing with PHC include enucleation of intact cysts and cystotomy, with or without capitonnage, or lung resection for complicated or intact cysts. The ideal surgical technique and outcomes for PHC with pleural complication are unknown, and still the technique continues to be performed at the choice of the surgeon.

METHODS

On reviewing case records of patients with surgically managed PHC at the authors' institute within the last 2 years (2018–2019), only four out of 14 cases of PHC presented with pleural complications.

Of these four patients, there were two males and two females, with a mean age of 38 years. Three of these patients already had spontaneous pyopneumothorax. Two patients presented with a chest tube *in situ*. In one patient, a chest tube was used to stabilise them before operating. Another patient was found to have localised pleural thickening with a locally contained, leaking, ruptured cyst during operation. This patient had been given preoperative antihelminthic drugs after PHC diagnosis. Plain chest radiography, haematological tests, and contrast enhanced CT of the thorax with abdomen and ultrasonography was performed in all cases.

RESULTS

The most common symptoms in all four patients were chest pain and fever, followed by dyspnoea in three patients. No patients had skin eruptions, rashes, anaphylactic episodes, or haemoptysis. In three patients the cysts were unilateral. The hydatid cyst presented in the right lung in one patient and in the left lung in the other three patients. In all cases, the lower lobes of the lung were involved. The standard posterolateral thoracotomy incision was used in all cases for surgical exploration. The surgical techniques required were residual cystectomy with repair of the bronchial openings plus capitonnage and decortication. A double-lumen endobronchial tube and coverage of the uninfected area with scolicidal agent during the operative procedure and postoperative drug therapy were used in all cases to prevent recurrence. Lung resection surgery was not required in any case. Only one patient had long-standing postoperative air leak, though this proceeded to heal spontaneously. There was no postoperative respiratory failure and no patients needed long-term mechanical ventilation. There was no mortality in this case series. The mean follow-up was 10 months for all cases, and there was no pulmonary recurrence or complications. Complete case details are summarised in [Table 1](#).

Table 1: Summary of pulmonary hydatid cases presented with pleural complications.

	Case One	Case Two	Case Three	Case Four
Age (years)	35	58	32	28
Sex	Male	Male	Female	Female
Side of pulmonary cyst	Left	Left	Left	Left and right
Site of pulmonary lobe	Lower	Lower	Lower	Lower
Associated hepatic involvement	No	Yes	No	Yes
History of animal contact	Sheep and pet dogs	Sheep and pet dogs	Pet dog	Pet dogs
Clinical manifestations	Chest pain Fever Dyspnoea Dry cough	Chest pain Fever Dyspnoea Dry cough Fatigue	Chest pain Fever Dyspnoea Dry cough	Chest pain Fever

Table 1 continued.

	Case One	Case Two	Case Three	Case Four
Preoperative complications	Left pyopneumothorax	Left pyopneumothorax	None	Left pyopneumothorax
Chest X-ray	Suggestive of left pyopneumothorax and intercostal drain <i>in situ</i> ; no defined pulmonary cystic lesion (Figure 1).	Suggestive of left-sided basal haziness; empyema; blurred shadow of pulmonary cystic lesion present.	Giant pulmonary cyst (12 cm); no pleural finding.	Bilateral pulmonary cystic lesion present with left pneumothorax; empyema.
CT scan	Large left hydropneumothorax with serpiginous coiled up membranes in dependent parts, likely ruptured hydatid cyst with bronchopleural communication.	Small left hydropneumothorax with floating particles and membranes in dependent parts, a likely ruptured hydatid cyst with suspected bronchopleural communication. Few tree-in-bud nodules in left lower lobe suggestive of infective aetiology (Figure 2).	Superior segment of left lower lobe lung showing well-defined peripheral enhancing lesion (size: 12x7x6.5 mm). Hydatid cyst likely in transitional stage.	Complex cyst (size: 64x47x48 mm) in the left lower lobe of lung with air fluid levels and floating membranes, with moderate pleural effusion, consolidation in the left lower lobe. There was also a large simple cyst seen in the right lung (size: 4.6x4.0x5.9 mm) and in the right lobe of the liver.
Antihelminthic drug therapy	Postoperatively	Postoperatively	Preoperatively; started upon diagnosis and continued postoperatively	Postoperatively
Tube thoracostomy (preoperative)	Yes (already from outside)	No	No	Yes (before operation)
Surgery Incision	Left posterolateral thoracotomy	Left posterolateral thoracotomy	Left posterolateral thoracotomy	Left posterolateral thoracotomy
Intraoperative finding	Empyema with hydatid cyst contents lying freely in pleural space. Cavity with significant air leak.	Empyema with ruptured hydatid cyst. Some contents lying freely in pleural space. Cyst wall attached to cavity with minor air leak.	Localised hydatid cyst rupture attached to pleura with small extrapulmonary empyema cavity contained pus and debris. Pleural thickening. No air leak.	Empyema with ruptured hydatid cyst. Some contents lying freely in pleural space. Cyst wall attached to cavity with minor air leak.
Procedure	Cystectomy, capitonnage, and decortication.	Cystectomy, capitonnage, and decortication.	Cystotomy, capitonnage, and decortication.	Cystectomy, capitonnage, and decortication.
Postoperative complication	Prolonged air leakage, resolved in 3 weeks	No	No	No
Postoperative hospital stay	14 days	10 days	10 days	9 days
Mortality	No	No	No	No

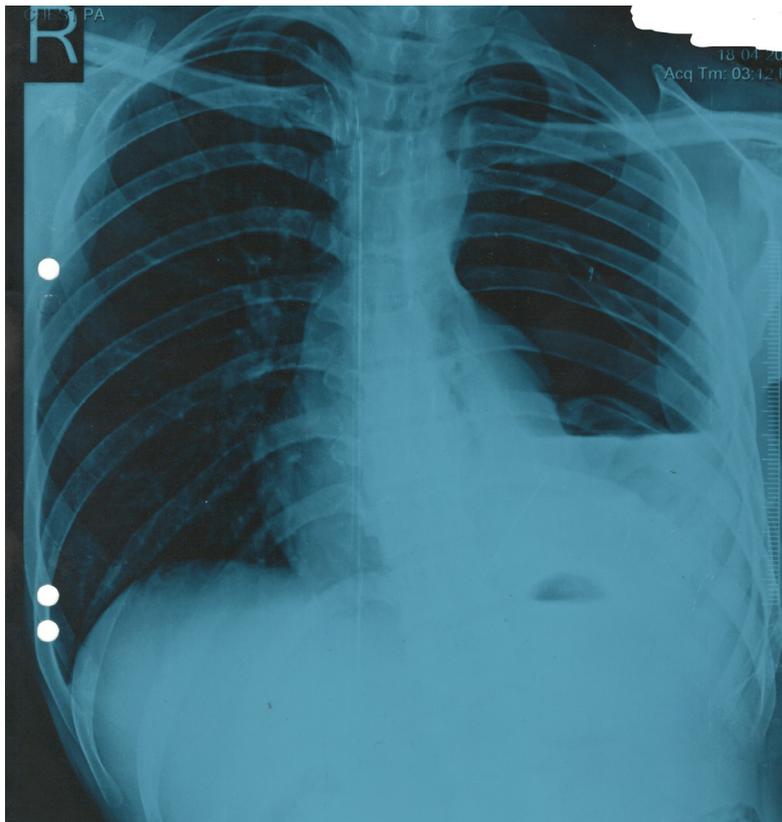


Figure 1: Chest X-ray showing massive left pneumothorax with collapsed left lung and intercostal drain *in situ* (Case One).

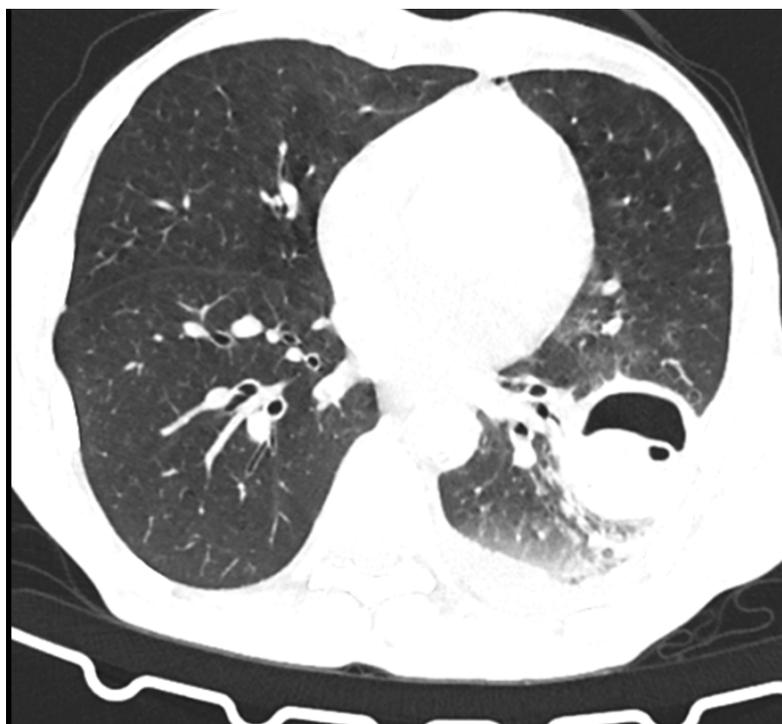


Figure 2: Chest CT scan of a patient with a cyst cavity in the posterobasal segment of the left lower lobe adhered to the lateral chest wall with loculation in the cyst and air-fluid level (perforated hydatid cyst) (Case Two).

DISCUSSION

Hydatid disease is one of the most important helminthic diseases.¹ The liver is the most effected organ, followed by the lungs (almost 25% of cases) in patients with hydatidosis. The lung may be affected when the liver is bypassed via the lymphatic system.¹ One of the unusual complications of pulmonary hydatidosis is rupture, which can occur spontaneously when it reaches 7–10 cm in diameter, secondary to an infectious process, or after coughing, trauma to the chest, or needle aspiration.^{2,3} In the study by Aribas et al.⁴ of 145 patients with complicated hydatid cysts of the lung, 88% had ruptured cysts and 16% had both intact and ruptured cysts. In another study involving 537 patients with PHC, 87 (16%) had ruptured cysts, with a higher incidence in cysts >10 cm in diameter (27% versus 15%).⁵ Another study by Sayir et al.⁶ revealed a similar percentage of rupture (18%).

The clinical appearance is inconstant for these complicated perforated hydatid cysts and depend upon the characteristics of perforation. The cyst frequently ruptures into the bronchus but in some cases it ruptures into the pleura. Usually, rupture can be classified into three types: contained, communicating, and direct. In most cases, the solid residues in the collapsed parasitic membrane cavity are the source of the recurrent infection. Coughing sputum, chest pain, haemoptysis, dyspnoea, and fever are the most common symptoms of complicated PHC.⁷ Rupture of a hydatid cyst into the pleural cavity can cause pneumothorax, pleural effusion, or empyema. Cyst rupture into the pleural cavity can also result in tension pneumothorax.⁸

Serologic tests are used in the diagnosis and follow-up of patients with hydatid cysts in endemic regions because of their low cost and convenient administration. Serologic tests that can be used in the diagnosis and follow-up of hydatid cysts include *Echinococcus* indirect hemagglutination, ELISA, IgG measuring, immunoelectrophoresis, and indirect fluorescent antibody testing. CT scans of the thorax have an important role in patients with complicated PHC. There are various signs that help to diagnose a ruptured hydatid cyst in a CT scan including air crescent or meniscus, Water Lily or Camelotte, Cumbo, and air bubble and signet ring signs.⁹

Surgical treatment remains the most valid method of treatment for a PHC, regardless of whether it is symptomatic. The aim of surgical intervention is removal of the germinative membrane without causing intraoperative contamination and preventing an intrapulmonary residual cystic space. Therefore, varying techniques, such as enucleation, pericystectomy, and simple cystotomy with or without capitonnage of the pericystic space, can be chosen in appropriate conditions during the operation.⁴ Surgical treatment should be performed by preserving the lung parenchyma where possible. Resection should not be avoided if complications develop (e.g., significant infection) or if there is bronchiectasis.⁶ Bacterial infection is one of the most serious complications of a perforated cyst, leading to empyema. Decortication is necessary in such cases because of pleural contamination and pleural thickening.

Pulmonary resection must be avoided as much as possible. However, segmental resection, wedge resection, and lobectomy are justified when lesser procedures are excluded because of the size and number of cysts and degree of infection. The principal indications for lobectomy are large cysts involving more than 50% of the lobe, cysts with severe pulmonary suppuration not responding to treatment, multiple unilobar cysts, and a sequelae of hydatid disease such as bronchiectasis, pulmonary fibrosis, or severe haemorrhage, as capitonnage or any other procedure leads to complications in such patients.¹⁰

In the literature, various surgical techniques and procedures have been described for management of PHC, but in complicated scenarios, especially in pleural rupture, these procedures can be very difficult to perform because of ill-defined planes and extensive adhesions as a result of intense pleural reaction. A more feasible surgery in this case would be cystectomy or, in the case of nonsalvageable lung tissue, limited anatomical resection. Turna et al.¹⁰ failed to show an advantage of added capitonnage procedures, but this study is demerited by its small sample size and nonstandardised criteria for defining significant postoperative air leak.

The choice between a cystectomy and a limited resection or segmentectomy usually depends on the individual surgeon's experience and

judgement about the condition of the adjacent lung tissue.¹¹ In this case series, three out of the four cases did not have a well-defined plane for a cystotomy. However, the lung tissue was amenable to repair and hence a cystectomy was performed, followed by capitonnage. Even similarly designed studies have shown contrasting results.¹² A large retrospective study by Yaldiz et al.¹³ showed acceptably low complication rates with capitonnage. Capitonnage has been shown to have superior results in children compared to cystotomy alone.¹⁴ The authors routinely performed capitonnage in all cases at their institute. As it is essential to have a well-expanded lung at the end of the surgical procedure, decortication was required in almost all cases of ruptured hydatid cyst into the pleural cavity.

Research has shown that 73–75% of patients may respond to medical management; however, the reported cure rates are only 25–30%. Anthelmintics weaken the cyst wall, thus increasing the likelihood of cyst rupture.¹⁰ Every patient who has hydatid cysts of the lung should be investigated for associated cysts in the liver. Many liver cysts can be approached from a thoracic route after incising the diaphragm.¹⁵ When bilateral cysts are present, some surgeons prefer a one-stage operation via a median sternotomy and this method is applicable when bilateral lung and liver cysts are present. A two-stage thoracotomy is preferred by some surgeons, as sternotomy carries its associated risk of mediastinitis. The side with the larger, ruptured, and infected cyst is operated on first. The period between two thoracotomies varies from 3 weeks to 2 months.^{4,6}

Medical therapy with benzimidazoles is clearly valuable in disseminated disease, including secondary lung or pleural hydatidosis, in poor surgical risk patients, and in cases of intraoperative

spillage of hydatid fluid. Albendazole is given in two divided doses of 10–15 mg/kg body weight/day, the usual adult daily dose being 800 mg. Therapy is most often indicated for a minimum of 3–6 months.¹⁶ Prevention of hydatid disease can often be achieved by avoiding close contact with dogs and sheep. Careful washing of vegetables and products can also reduce infection. Prohibition of domestic slaughtering of sheep and proper offal disposal prevents dogs from consuming infected viscera, thus disrupting the life cycle of the parasite and stopping transmission. Reducing numbers of stray dogs and surveillance techniques, including coproantigen tests, could also help to reduce infections in some endemic areas.¹⁶

CONCLUSIONS

In this case series, presence of pyopneumothorax was found in the majority of complicated cases but ultimately good outcomes were achieved with surgical intervention. Lung-sparing surgical interventions are the most feasible and safest curative treatment for complicated PHC with rupture in pleural space, offering negligible morbidity and mortality. Further it can be concluded that complicated hydatid cyst should also be considered in the differential diagnosis of spontaneous pyopneumothorax. Use of preoperative drug therapy in these cases is not established and theoretically medical therapy can cause cyst rupture and further complications.

PATIENT CONSENT

Patients and relatives were well informed and signed consent forms regarding publishing their data and photographs. Anonymity during reporting was also taken with due care.

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